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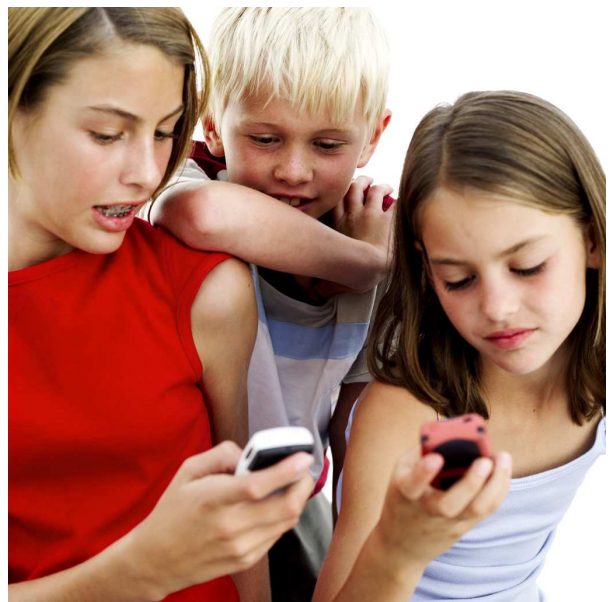
parenting young adolescents

A six week workshop for parents and carers of children aged 10—14

“Children in strong parent-child relationships are more likely to test their responsibility in safe ways, rather than through risky behaviour”

Learn to:

- ✦ Understand your teen
- ✦ Improve communication
- ✦ Negotiate boundaries
- ✦ Solve problems together
- ✦ Set effective limits
- ✦ Deal with risky behaviour



Cost: \$90 single, \$120 couple

Concession: \$50 single, \$70 couple

Please note that parents will not be excluded on the basis of an inability to pay. If the cost is a concern please talk to us about this.

For further information
phone Sue on
9841 4215
or email sue@doncare.org.au

Doncare (Doncaster Community Care and Counselling Centre Inc.) is a not-for-profit community services organisation providing Family Services, Information and Emergency Relief, Social Support for Seniors and Counselling to people in the City of Manningham and surrounds. Doncare's Parent Workshops are facilitated by professionally trained and experienced Parent Educators.