



Manningham volunteers Fraser Bryden (SES), Josh Clarke (YMCA) and Lindy Gilham (Doncare) say helping makes their day.

Picture: MARK STEWART N45DT04

Generous few find great rewards from volunteering

ONLY one-third of Manningham residents volunteer, but those who do love it.

So *Leader* found when it asked residents in the 2010 Cash for Comment survey.

The poll of 200 readers showed 64 per cent did no volunteering, but

those who pitched in were paid back in happiness.

Speaking before National Volunteer Week, which runs May 9-15, SES member Fraser Bryden, of Doncaster East, said he loved the challenge of emergency work. He said the SES had taught him skills

ranging from wielding a chainsaw to running a search and rescue job.

Doncare's Lindy Gilham said she was inspired by hearing overcoming adversity stories as an emergency relief worker, which had helped her avoid isolation after retiring and shifting from Brighton.

Warrandyte's Josh Clarke, 21, said he felt drawn to volunteering after youth workers helped him growing up.

The YMCA and church group youth mentor said it was great to see the positive outcomes of "hanging out" with someone in need.